

Why

## Why Choose an Associated Skin Care Professionals Practitioner?

Your skin care treatments should be provided by a properly trained professional. Don't hesitate to ask your skin care therapist about his or her background, training, and experience (especially as it relates to the treatment you are considering).

As a member of Associated Skin Care Professionals (ASCP), your skin care professional's state licensing credentials and/or core training have been verified. ASCP members follow a code of ethics, ensuring you're

treated responsibly, confidentially, and with utmost respect. As a member, your skin care professional has comprehensive information on changing trends and treatments, so you'll receive the most up-to-date care.



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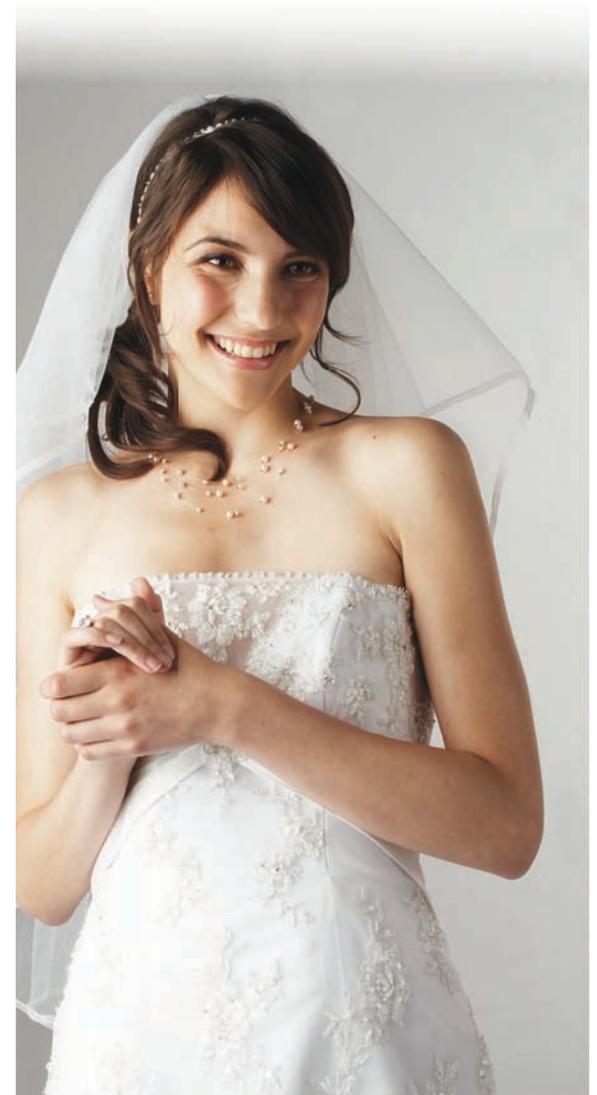
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MEMBER



Associated  
**Skin Care**  
Professionals

# Beautiful Bride



## Your Your Big Day

Your wedding is a very special occasion. You'll want to look and feel your absolute best on the big day. While you may be focused on gowns and veils right now, it's also a good time to plan for skin that's all the more radiant when you walk down the aisle.

Your licensed esthetician can play a large role in helping you look your best. For example, stress can manifest on your face in the form of breakouts and your skin care professional can help you manage these. You may find it surprising that a facial or treatment too close to your wedding day isn't advisable, but you can work months ahead on a regular treatment plan that will give you the bridal glow. Similarly, if you are planning a honeymoon cruise or beach vacation, you won't want to wax too close to your departure date since ultraviolet rays and just-waxed skin don't mix. Careful planning will be your best ally during this exciting and busy time.



## Gift Gift Packages and Parties

If you are having a wedding shower, it might be fun and sensible to have skin care and spa treatments as a group gift from your friends and family; most people are delighted to get you something you'll truly appreciate. While many couples today already have every household article imaginable, you can never have too much beauty, wellness, or relaxation. Your licensed esthetician can suggest a package for you; inquire about gift certificates for the convenience of your friends and family.

Another fun idea is to organize a group package for your bridal party, including both mothers, the week or day before your wedding. While it's true most facials and waxing for the bridal party should be performed a week out from the wedding, a gentle facial may be in order.

Other services to ask your esthetician about for the bridal party include body wraps, eyelash extensions, foot massages, manicures, and pedicures. Back and arm treatments may be appropriate for the women wearing sleeveless and backless gowns.

Some bridal spa parties are held in clients' homes. To make such parties even more festive,

having disposable cameras or your wedding photographer on hand can add to the fun.

Many women like to have their makeup done by a professional the day of the wedding, or to receive a makeup lesson in advance so they can create the look they want. Remember, the makeup you wear on a daily basis won't be optimal for a long day of celebrating or in professional photography. Even the time of day and whether you'll be indoors or outdoors (natural versus artificial light) will affect the type and amount of makeup you'll need.

However you decide to prepare for your wedding, the important thing is to relax and enjoy. That will go a long way toward making you radiant and lovely on your wedding day and in your photographs.

